

**IFK Australia**  
**Kyokushin Contact**  
**24th June 2018**

INTERNATIONAL FEDERATION OF KARATE AUSTRALIA  
 KYOKUSHIN WORLD UNION

Full Contact (18+)  
 Cadets - (16-17)  
 Juniors (11-15)\*  
 Padded contact (7-17)\*  
 \*conditions apply

International Federation of Karate Kyokushinkai Australia Inc.

## IFK Australia Tournament Series

**Sunday 24<sup>th</sup> June 2018**

### Full Contact Tournament

**For juniors, cadets, and adults.**

**Padded-contact for Juniors**

**Where :** Glebe-Leichhardt PCYC  
 2-4 Minogue Cres, Glebe NSW 2037  
**Check-in 2pm, Start 2:30pm**

**Entries close :** Friday 15th June 2018 Midnight

**Cost :** \$30 online at Trybooking.com  
<https://www.trybooking.com/WEYJ>

**For Knockdown Kumite the following equipment is required:**

**Junior Divisions:** clean dogi with appropriate badges, mouth guard, groin guard (males), protective head gear (no face guard), shin & instep protectors, and mitts as approved by the IFKKA.

**Padded Contact:** all of the above, and foam-dipped chest-guard (head gear and chest-guard provided by the IFKKA, if you don't have your own)

**Cadet Division:** clean dogi with appropriate badges, mouth guard, groin guard (males), protective head gear (no face guard), and shin & instep protectors as approved by the IFKKA.

**Novice adults:** clean dogi with appropriate badges, mouth guard, groin guard (males), white shin & instep protectors as approved by the IFKKA.

**Adult Open and Intermediate adults:** clean dogi with appropriate badges, mouth guard, groin guard (males), shin & instep protectors as approved by the IFKKA.

**Optional:** Chest guards (females) but highly recommended, must be of separate cup type and must not cover the solar plexus.