

## International Federation of Karate Kyokushinkai Inc FKKA Full Contact Weight Divisions

Boys 11-13 years		Girls 11-13 years	
Category		Category	
1	Under 40Kg	1	Under 35Kg
2	+40 -45Kg	2	+35 – 40Kg
3	+45 -50Kg	3	+40 – 45Kg
4	+50g	4	+45Kg

Should it be unfeasible to adopt the above weight divisions for the event, the divisions shall be based on a 5 kilograms may be adopted if the students are close in age.

Boys 14-15 years		Girls 14-15 years	
Category		Category	
1	Under 55Kg	1	Under 45Kg
2	+55 -60Kg	2	+45 – 50Kg
3	+60 -65Kg	3	+50 – 55Kg
4	+65 – 70Kg	4	+55Kg
5	+70Kg		

Should it be unfeasible to adopt the above weight divisions for the event, the divisions shall be based on a 5 kilograms may be adopted if the students are close in age.

Cadet Male – 16 to 17years		Cadet Female – 16 to 17years	
Category		Category	
1 – Lightweight	under 68kg	1 – Lightweight	Under 58Kg
2 – Middleweight	+68 – 78Kg	2 – Middleweight	Over 58Kg
3 – Heavy weight	Over 78Kg		

Should it be unfeasible to adopt the above weight divisions for the event, the divisions shall be based on a 10kg weight spread between competitors, or as otherwise determined by the organisers on the day. The minimum weight requirements will be at the discretion of the organisers of the tournament

**Note:** Cadet has a **Novice** division up to & including 7<sup>th</sup> Kyu and **Open** Division 6<sup>th</sup> kyu and up based on the above weight categories

Adult Male - 18years & over		Adult Female - 18years & over	
Category		Category	
1 – Lightweight	under 70Kg	1 – Lightweight	Under 60Kg
2 – Middleweight	70 – 80Kg	2 – Middleweight	Over 60Kg
3 – Heavy weight	Over 80Kg		

Should it be unfeasible to adopt the above weight divisions for the event , the divisions shall be based on a 10kg weight spread between competitors, or as otherwise determined by the organisers on the day. The minimum weight requirements will be at the discretion of the organisers of the tournament.

Adult is usually broken into 3 divisions Novice, Intermediate and Advanced.